

## A Guide to Stopping Whining

Whining can be an extremely annoying problem. Dogs whine for a variety of different reasons. It is not unusual for dogs to whine when they are in pain, but they may also whine for many other reasons as well. For example, sometimes dogs whine when they are lonely. If your dog is suffering from separation anxiety whining may be a problem.

### Causes of Whining

Think about the times when your dog appears to whine the most. Consider what is going on in the household during those times when your dog whines. Does it seem as though your dog may want attention? Some dogs crave more attention than other dogs and if your dog feels that he is not getting his fair share then he may whine in an effort to try to get you to notice him.

In other instances dogs whine to try to get other things they want. Some dogs have been known to whine when they want to go outside for a walk while other dogs whine when they want a treat or when they want to be fed. The worst thing you can do if this is the case is to respond by giving in to whatever it is that your dog wants. Dogs are quite intelligent by nature and if you jump to take him for a walk or give him a treat or even feed him whenever he whines, it will not take long for him to associate this with getting what he wants. When that happens, you will have an even more difficult time getting your dog to stop whining.

### The Importance of Obedience

Before you respond to anything that your dog wants, whether it is going for a walk or being fed, it is important to have your dog sit. This ensures that he knows who is in charge and that it is not him. The sit command is one of the most basic obedience commands. This command should be taught along with other commands such as come, stay and down. An obedience training program can help you to get your dog started on a solid path and will also help to eliminate such problems as whining. [7 Dog Training Lessons](#) is a good resource for getting your dog started in obedience training and can be particularly helpful if you do not have any prior experience in obedience training.